



AFTER ARRIVAL

3-2 GSAB

7 SPORTS, FITNESS
& AQUATICS

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SPORTS, FITNESS & AQUATICS

ON POST SPORTS

TURNER FITNESS CENTER

TURNER FITNESS CENTER OFFERS CARDIOVASCULAR EQUIPMENT, AN AEROBICS ROOM, A COMPREHENSIVE WEIGHT ROOM, AN ALPHA WARRIOR RIG AND A NEWLY RENOVATED PERFORMANCE STRENGTH AND CONDITIONING ROOM.

COLLIER COMMUNITY FITNESS CENTER

COLLIER COMMUNITY FITNESS CENTER STANDS THREE STORIES TALL, MEASURES 109,512 SQUARE FEET. FACILITY HIGHLIGHTS INCLUDE AN INDOOR POOL WITH FAMILY CHANGING ROOMS, AN INDOOR RUNNING TRACK, FIRST AND SECOND FLOOR STRENGTH AREAS, CARDIO ROOMS, THE ADJACENT MULTI-PURPOSE SOLDIER FIELD COMPLEX AND A PARKING GARAGE CONNECTED BY A SKYBRIDGE. JAMBA JUICE IS LOCATED ON THE FIRST FLOOR.

ZOECKLER FITNESS CENTER

ZOECKLER FITNESS CENTER OFFERS CARDIOVASCULAR EQUIPMENT, A COMPREHENSIVE WEIGHT ROOM, BASKETBALL COURT, AEROBIC AND SPIN ROOM AND A FUNCTIONAL FITNESS AREA.

SITMAN PHYSICAL FITNESS CENTER

SITMAN PHYSICAL FITNESS CENTER IS APPROXIMATELY 89,000 SQUARE FEET OF PHYSICAL FITNESS OPPORTUNITIES TO HELP YOU REACH PEAK PHYSICAL CONDITION. SPACES AND EQUIPMENT INCLUDE: PERFORMANCE WEIGHT ROOM (FREE WEIGHTS INCLUDING SQUAT RACKS, MONOLIFT, BENCH PRESS, DUMBBELLS, GHDS, STRAIGHT AND E-Z CURL BARBELLS, ETC.), SELECTORIZED ROOM WITH PLATE LOADED MACHINES, EQUIPMENT CHECKOUT, LOCKER ROOMS, BASKETBALL COURT, 2 CARDIO ROOMS WITH TREADMILLS, ROWERS, ELLIPTICALS, STATIONARY BIKE, STAIR MASTERS, AND JACOB'S LADDERS, RACQUETBALL COURTS (WITH EQUIPMENT FOR CHECK OUT), FUNCTIONAL FITNESS (MED BALLS, ROWERS, ROPE CLIMB, ASSAULT BIKES, AND DUMBBELLS) AND A COMBATIVES ROOM WITH MAT AND HEAVY BAGS, ALONG WITH THE BALBONI SPORTS FIELD COMPLEX (4 SOFTBALL FIELDS, 1 FOOTBALL FIELD, 1 SOCCER FIELD AND TWO 400 METER RUNNING TRACKS).

HUMPHREYS SPORTS, FITNESS & AQUATICS

HIT "CMD/CTL + F", THEN YOU WILL BE ABLE TO SKIP TO A SPECIFIC SECTION.

WELCOME TO 3-2 GSAB AGAIN

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